

Cholesterol Run at Haaspoort

Look what you have missed...!!!

I can't start this email other than with the word RESPECT! What a weekend!

We left Friday afternoon in a thunderstorm and that made the dirt road there very interesting ... just ask Geoff and Gys. It stopped raining and we all had an extremely event and laughter filled evening especially with the non-members attending. Thanks to 'Gawie' aka Nico and 'The Alps Skier' aka Frans for causing all our stomach aches...!!! Saturday was eventful as expected, but what happens on the Cholesterol Run stays there, so for more info, come and join us on the next one. It took us the whole day to do only a few kilometres with winches working overtime and nerves totally shot for some...

To get back to RESPECT, this weekend made me just realize again what we have in the wisdom and ethics of our senior members – all of them. They have been around the block a few times and when they speak, you can close your mouth and listen and know they speak with honesty and experience. I don't know how many times I've been up and down the mountain on Saturday, but seeing the older men doing it more times than me without even looking tired, just grabbed me by the spine and made me dig deep as to my own standards.

To Winston, this was an awesome trip and thanks again for organising everything and all your wisdom and enough steel cables and tools... Hope you are okay after all the laughs and "raw meat(cow)" next to you on Friday and Saturday night...

Groetnis tot volgende keer.

Carlo