

Bush Telegraph

Official Newsletter of the 4WD Club of Southern Africa - Port Elizabeth Club

www.fwdcsape.co.za

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March 2009

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One Voice for All



*Founder Member
of the Association
of All Wheel Drive
Clubs of Southern
Africa*

COMMITTEE MEMBERS FOR 2009

Chairman	Deon Strydom	082 773 2224 deon.strydom@lexisnexis.co.za
Vice Chairman / Driver Trainer	Gys Kleyn	083 261 5474 gysbert@nmmu.ac.za
Secretary	Salome Shaw	083 681 6076 jasmyn33@gmail.com
Social Coordinator / Treasurer	Ingrid Stavast	083 390 8461 ingrid@cks.co.za
Newsletter & Communications	Carlo Heydenreich	082 804 7248 casper@ictsupport.co.za
Runs Coordinator	Geoff Sampson	082 529 9543 samweld@polka.co.za
Webmaster	Braddon McClelland	082 461 6054 computech@global.co.za
Club Captain & Relations – Deon standing in temporarily	Vacant – interested? Contact the committee	info@fwdcsape.co.za
Club Shop	Pierre Rocher	082 073 9127 pierre.rocher@bexpress.co.za

Editor's Rev

Hello Everyone!

Well, the year has started and some of us already start to feel the need for another break. Not too long to the April long weekends though.

After an eventful AGM held earlier this year, I would like to congratulate the new committee members in their new positions and by the sounds of it, a lot of new energy and ideas will be at the order of the day. Some new faces and some in new positions (and in *absencia*)...

In this edition we try to inform. Have a look at our Events Calendar for planned trips and socials for the next few weeks and months to come - our next edition should have loads more there. Your participation in these activities is essential to the success of this club. There is always such a great vibe when members participate in numbers and those events always get remembered long after. We also plan to keep members more informed and up-to-date of upcoming events and happenings throughout this coming year.

Julle sal sien dat ons nou van 'n nuwe email adres (info@fwdcsape.co.za) gebruik maak vir enige bydraes en navrae. Die voordeel hiervan is dat die email adres altyd dieselfde bly, maak nie saak wie op die komitee is nie. Die navraag en inligting sal by die regte persoon uitkom, maak nie saak wat nie. Besoek ook gerus ons nuwe opgedateerde webblad (www.fwdcsape.co.za), beslis die moeite werd om so paar minute daar te spandeer!

This is my first try at the newsletter and hopefully it will improve as we continue. Looking forward to hear from you and please remember to send all your pictures and stories from trips to us for publishing. Remember this is our magazine!

Wel, dis eers al van die editor se kant af en het nou genoeg gerev.

Groetnis

Carlo

(Sel : 082 804 7248)

A wife was making a breakfast of fried eggs for her husband. Suddenly, her husband burst into the kitchen.

'Careful,' he said, 'CAREFUL! Put in some more butter! Oh my gosh! You're cooking too many at once. TOO MANY! Turn them! TURN THEM NOW! We need more butter. Oh my gosh! WHERE are we going to get MORE BUTTER? They're going to STICK! Careful. CAREFUL! I said be CAREFUL! You NEVER listen to me when you're cooking! Never! Turn them! Hurry up! Are you CRAZY? Have you LOST your mind? Don't forget to salt them. You know you always forget to salt them. Use the! salt. USE THE SALT! THE SALT!'

The wife stared at him.

'What in the world is wrong with you? You think I don't know how to fry a couple of eggs?'

The husband calmly replied, 'I just wanted to show you what it feels like when I'm driving.'

Chirps from the Chair

'n Nuwe jaar, nuwe komitee, nuwe nuusbrieff, nuwe petrolprys, nuwe politieke party!

The new Committee's first meeting took place on 24 February. At this meeting everyone that had been elected, or volunteered to serve on the Committee, undertook to give it their all this year. The old faces bring experience and the new faces ensure that fresh energy is injected into the Club.

Ek wil hierdie geleentheid gebruik om julle voor te stel aan die nuwe Komitee.

Gys Kleyn is ons Vice-Chairman en is ook in beheer van 'Driver Training'. (Bestuurdersopleiding sou net nie reg geklink het nie!) Goeie terugvoering is gekry van 2008 se 'Driver Training' wat deur Gys behartig is en ek dink ons nuwe lede is in baie goeie hande!

Ingrid Stavast is in charge of Finances and also Socials that will be held from time to time. It serves to be mentioned that Ingrid has been a member on the Committee for ages and our thanks must go out to her for her tireless efforts. You can be assured that the Socials will not only be Bring-and-Braais!

Geoff Sampson is ons nuwe 'Run Co-ordinator' (ek weet nie eers wat dit in Afrikaans is nie!) Geoff is brand new to the position and to the Club. From the feedback that he has given at the first meeting, we can look forward to new and exciting runs and a lot of energy coming from him. All planned runs will be published in the Newsletter and I would like to urge you to make a note of them in advance and diarize the dates.

Braddon McClelland remains our WebMaster and will continue to look after our Website. I don't know about the rest of you, but Braddon is the only member I know of who is NOT Technically Challenged like me. For those of you that have the ability and have visited the website, I am sure you would have seen the sterling job that Braddon has done. We look forward to many new and exciting additions. Please remember that the site is not filled by Braddon, but by the contributions of the members.

Salome Shaw is ons nuwe Sekretaresse en sal in beheer wees van alle Administratiewe take. Salome het ge- 'volunteer' vir die posisie en ek wil vir haar dankie sê daarvoor. Salome is al betrokke in die Klub vir so lank as wat ek kan onthou en haar ondervinding en kennis gaan 'n groot hulp wees.

Carlo Heydenreich is our new Newsletter Editor. I think you will agree that the new-look Bush Telegraph looks great and from the numerous emails that have been going around from Carlo, it is clear that he has decided to take the BushTelegraph to new heights.

Vir die vorige Komitee wil ek net dankie sê vir die harde werk wat hulle ingesit het. We will not be re-inventing the wheel, but rather continuing with the good work that the previous Committees have done.

Ons eerste prioriteit as Komitee sal wees om die Ledelys op datum te kry. Ons wil vra dat almal hulle besonderhede op die Ledelys nagaan en ons laat weet as daar enige veranderinge is en of iemand uitgelaat is.

Enough chirps from me. Please note the upcoming runs, socials, etc. and hope to see as many of you there as possible.

Deon Strydom
Chairman

MEMBERSHIP RENEWAL

Our club year ended on 31 December 2008 and therefore **2009 membership renewal fees are now overdue**. For the same bargain price as last year of **R360 (YES, 0% inflation!)**, you are able to extend your membership for 2009.

(This will include a full year's subscription to the newsletter, whether you like it or not!)

Banking details :

Bank : FNB
 Branch : Newton Park
 Branch code: 261-050
 Account no: 53430038654
 Account name : Four Wheel Drive Club of Southern Africa
 Reference : Please use your **SURNAME & INITIALS** for any payment made into the above account.
 (Please fax proof of payment to **086 570 9033**).

Events Calender

What	Where	When
Run	Brakkedune, Oyster Bay	30 January – 1 February 2009
AGM	Heatherbank Sport Grounds Villiers Rd, Walmer	6 February 2009
Cholesterol Run	Offcamber - Elandsriver	21 March 2009
Social	Annual Fun Golf Day – Chelsea Mashie	28 March 2009
Run	Kouga Wilderness – Sukkelpoort, Joubertina	24 – 26 April 2009

Run Info

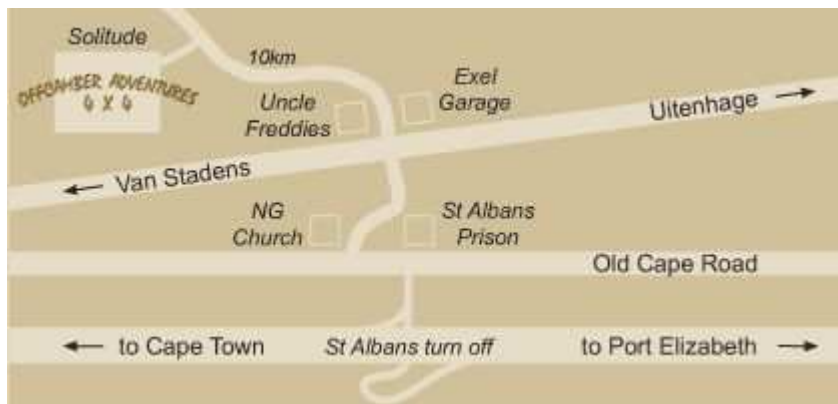
Cholesterol Run – Offcamber Adventures



Hi all male members. This is one of two runs per year where only men are allowed – no woman or children. It gives us time to tackle 4x4 trails with ratings of grade 4-5 which means that it is very extreme and with chances of damaging your vehicle. It also gives the men time to let their hair hang down and don't worry about (some) responsibilities.

Approximately 40 km from Port Elizabeth, in the heart of the Elandsriver Valley, you'll find one of the oldest farms in the area hosting some of the most spectacular off road 4x4 in the Eastern Cape. They provide the perfect venue for all our off-road adventures with excellent 4x4 and quad bike trails.

The 4x4 off-road trail offers both 'ou ape' and newcomers alike a memorable experience. With careful driving one can negotiate the whole 4x4 trail (6 hours), having a lot of fun and without incident.



Offcamber is easily accessible via the Old Cape Road west from Port Elizabeth. Just past the St Albans Prison turn right onto Rocklands road. Follow road and at stop sign continue straight across onto Elandsriver Road. Follow it for 10km and Offcamber will be on your left.

Where	Offcamber, Elandsriver Valley (S33 49 44.3 E25 13 91.3) WGS84
Nearest town	Port Elizabeth, 40km
Total distance	70km in total

When	20-22 March 2009
Departures	Friday: Convoy leaves at 16H00 from Makro onramp Saturday: Convoy leaves at 7H00 from Makro onramp
Run cost	R150 per vehicle
Accommodation	Bushcamp Camping @ R40 p.p. per night. Only 11 sites
Camping facilities	Flush toilets / Showers (hot water). Boma for communal braai. No elec.
Provide for	Own wood, camping equipment, food and drinks for the whole weekend
Trail Grading	Grade 4-5 – Low range essential
Hazard Rate	Grade 3 – under good behaviour
Info	Be completely self sufficient. Bring loads of jokes and smiles.
Book with	Geoff Sampson : 0825299543 or samweld@polka.co.za
NB: ALL VEHICLES MUST HAVE OWN FIRST AID KITS AND BASIC RECOVERY EQUIPMENT	

The 4X4 CLUB OPEN

Annual Fun Golf Day

Saturday 28 March 2009

14:00 – Late

Chelsea Mashee Golf Club

(Kragga Kamma Road, 3.9 km after railway line
turn left, Kragga Kamma Game Park road, Golf
Club on left)

For the past two years we had the most enjoyable and
successful golf days.

To keep up with “tradition” we’ll do so again this year.

BUT ... PLEASE TAKE NOTE!!!



This is NOT just for golfers, this is also a social event to meet fellow club members, to introduce friends to the club, sit back and relax. All members, friends and family invited.

PRIZES!! ENTERTAINMENT FOR KIDS & NON GOLFERS!!



LUCKY DRAW!!

FOR THE GOLFERS

RULE(S):

Only 3 golf clubs per player
Make up your own 4 ball group for the
afternoon or meet up with other members at
the club.

R 30.00 per person for 9 holes of golf

Kids under 12 FREE

Enjoy!

FOOD:

A buffet of snacks and breads will be
served during the afternoon.

Plates, cutlery etc will be supplied

R 40.00 per adult

R 20.00 per child 5 – 12 years old

Under 5 years old – Free!!

Snack packs for all kids!!!

BAR:

Please support the bar at the club.
If you drink wine you’re welcome to bring
your own

(Remember own wine glass)

FOR MORE INFO & BOOKINGS:

Ingrid Stavast

083 390 8461

ingrid@cks.co.za

041 366 4181 (home)

041 365 4320 (work)

PS:

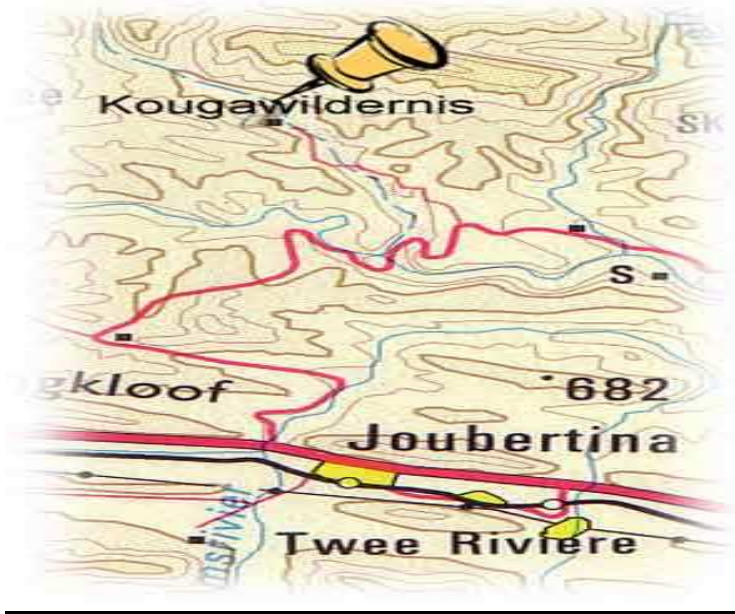
The 9 holes on the course will be open for
sponsorship. For more info and costs
please contact Ingrid on numbers above.

Run Info

Kouga Wilderness - Sukkelpoort – JOUBERTINA



Hi all members. Sukkelpoort trail runs along a narrow kloof. 5km will take 3 hours and then joins the Abseil trail for 4km. It follows a beautiful mountain route back with beautiful scenery. Whole route will take about 4 hours to complete. The route will test the climbing abilities of your vehicle and the nerves of the driver. These roads lead to some of the most spectacular views of the surrounding mountains. Numerous other adventure activities are also offered like hiking, abseiling, 4 x 4 routes, kloofing and mountain biking routes.



Kouga Wilderness is easily accessible via main route from either Port Elizabeth or Cape Town via the N2 and connects to the R62 (Route 62) which leads to the Langkloof. On several spots along the way there will be arrows pointing to show the way. At the last turn off you will see a big sign board with all the activities of Kouga Wilderness, after reaching this sign, it is only still 5 km till you have reached Kouga Wilderness.

Where	Kouga Wilderness, Joubertina (<i>S33 43 39.8 E23 51 03.4</i>)
Nearest town	Joubertina, 23km
Total distance	390km incl. trail
When	24 – 26 April 2009
Departures	Friday: leave at own leisure – no convoy Saturday: Convoy leaves at 07H00 from Makro on-ramp
Run cost	R90 per vehicle
Accommodation	Camping @ R50 p.p. per night
Camping facilities	Flush toilets / Showers (hot water)
Provide for	Own food and drinks for the whole weekend
Trail Grading	Grade 3 – Low range essential
Hazard Rate	Grade 3 – under good behaviour
Info	Be completely self sufficient
Book with	Geoff Sampson : 0825299543 or samweld@polka.co.za

NB: ALL VEHICLES MUST HAVE OWN FIRST AID KITS AND BASIC RECOVERY EQUIPMENT

Trip Feedback

Brakkeduine

Uiteindelik breek die lang verwagte naweek aan. Almal, insluitend ek wil mos elke jaar vir almal wys hoe goed sy voertuig op die sand vaar. Seker maar omdat ons nie meer op die strande mag ry nie. Ou Kortbroek reken mos daai klein swart voeltjie met die rooi bekkie is baie belangriker as ons plesier. Met almal se wiele soos mieliepap, yskaste uit en kappies af word daar vol bravade weggetrek. Net tot by die eerste sand! Boeke vol verskonings maar nogsteeds word daar net tot halfpad gevorder. Na so sewe probeerslae beweeg die konfooi weer. Net tot by die volgende opdraend! Toe hoor ek die volgende:



“Ai ek verlang darem nou na my Toyota en volgende keer kom ek met my Suzuki!” En toe die ‘eye opener’: Bosvark gee na drie probeerslae op by ‘n sandduin wat ek self ook nog nooit kon oorwin nie. Eerste voertuig na Bosvark was ‘n rooi Toyota, 2.2, dood standard, dubbelkajuit,



nuwe Kumho bande, drywer, sy vrou, twee kinders en hul nefie. Ons bespiegel nog hoe ons hom sal moet help toe raak ons stil want hy ry en hy ry en hy ry! Stop ewe windmaker bo en se: *“Nou kan julle maar kom ek het klaar die sand vir julle vasgetrap!”* Wat kon ons sê? Ek het weer nie met eerste probeerslag bo gekom nie. Na twee bande se aftrap en heerlike speel kom ons toe by daai laaaaang duin. Toe ‘n paar

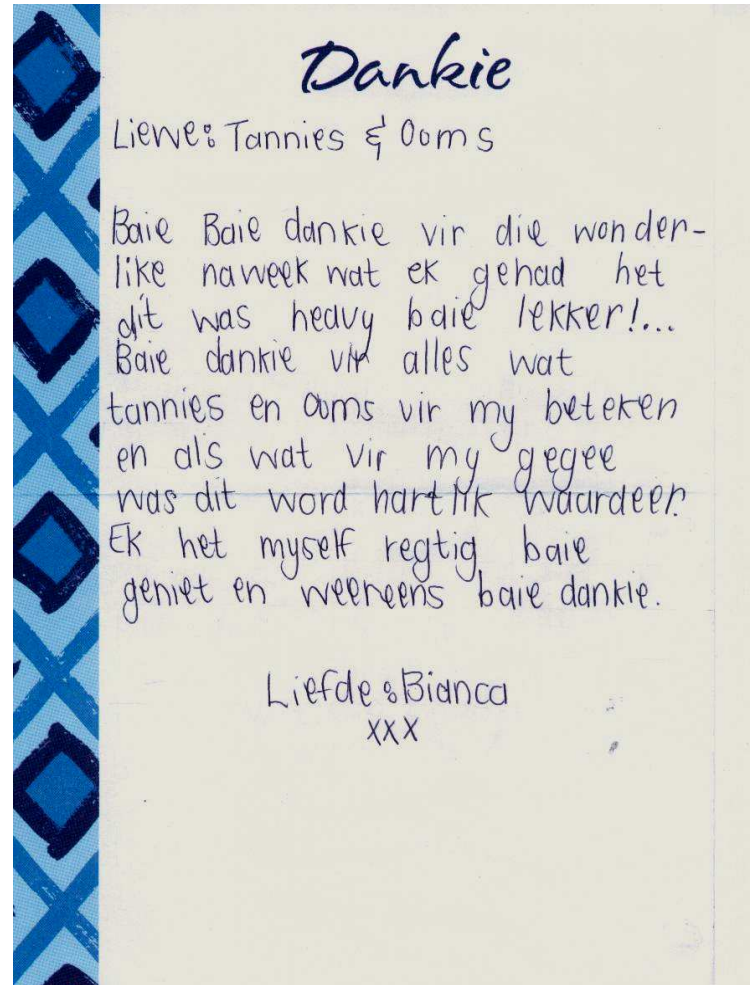
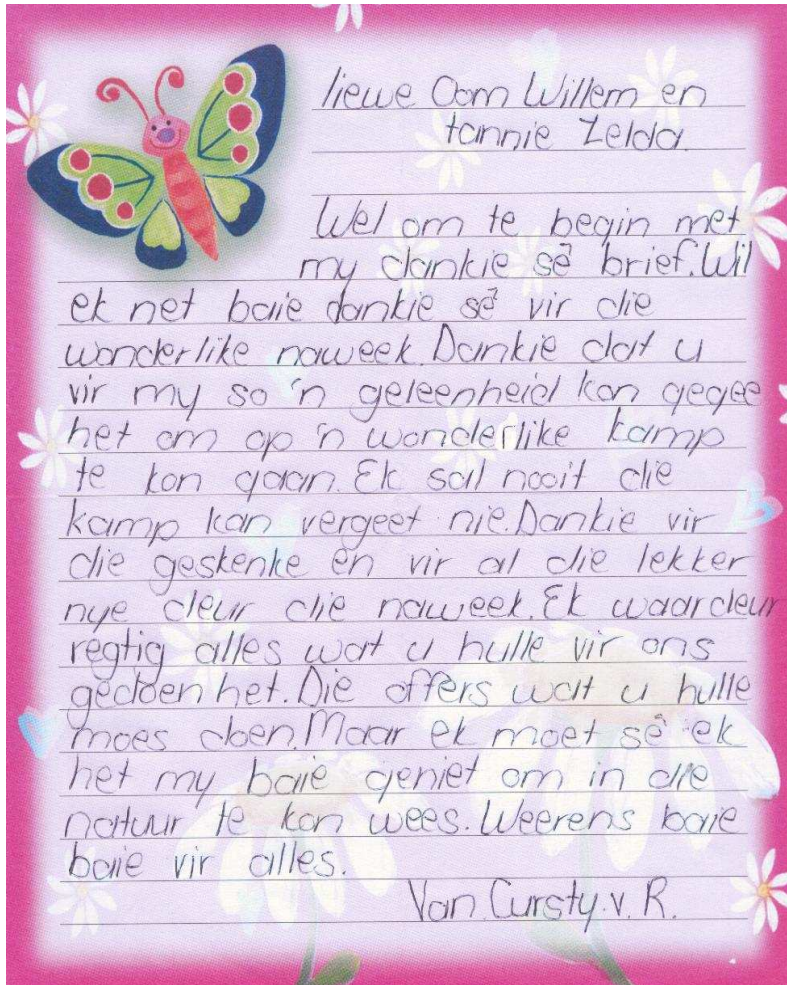
groot manne met wintie voertuie probeer het met en sonder sukses probeer dieselfde rooi Toyota. Dat ‘n man nou sy naam so krater wil maak, was almal se opinie. Weereens ry en ry en ry hy. Tot hy draai en tot stilstand kom. Johan met Bosvark vlieg daar op om te help maar die drywer se: *“Ek sit nie vas nie, ek verander net na ander rat”*, en daar gaan hy! Ek het nooit geweet dat Toyotas deur ‘welders’ aangedryf word op sand nie! Danie, jy mag maar hoor. Almal wat daar was het hulle gate uit geniet . My simpatie met almal wat verskonings gehad het en nie daar was nie. Sien julle volgende jaar daar! Hoop net nie almal verruil hulle Pajeros vir Toyotas soos Danie nie!





Observer



A very successful event that, if all goes according to plan, will become an annual one! The Committee was overwhelmed by the 'thank you' letters received from the Oosterland children.



Dear 4x4 peoples.
 I want to say thank you very much for
 the greatfull weekend. I have enjoyed
 every single thing that i have did. Thank
 you for the nice presents that you gave
 us It was very beautiful and kind of you.
 I have enjoy the riding with the 4x4's.
 I have played with the tannies and
 it was very nice. We also had a "braddi
 on Saturday and we also worked in
 groups.
 from: Siphokazi Love you.









 Wat vir ons omgee, het
 en So hard vir ons gewerk
 het So dat ons n kamp he. my
 en Saterdag gery het. Saferdelegand
 ervaring ook was dat ek n want ek het n
 was die lekkerste aand. Sal jy
 prys my ook en want
 dit het my aand. Saam te groe-
 leer om n ook en want ek het n
 keer om my aand. Saam te groe-
 Nampeljo:

Van al die Tannies
 en die Ooms-
 van die 4x4 kamp.
 Baie dankie vir die
 kamp. Ek het dit
 regtig waardeer uit my
 hart uit. Dankie vir
 die kos en alles
 dit wat ek geniet het
 by die kamp baie lekker
 alles die geniet ek het
 die 4x4's. Ek het
 wil regtig baie
 danke se vir
 almal.

Nampeljo:
 Joke
 Mery
 Julie
 Seën

Johnson







 Van al die mense by
 die 4x4 klub 4

Om mee te begin wil
 ek net se ek het my regtig
 geniet met alles wat ons
 gedoen het dit was wonderlik
 gewees! Een van die goed
 wat ek van geleer het is
 groepwerk veral toe die
 bootie omgetiep het, het ek
 gesien ons het mekaar eintlik
 nodig. Toe ons die 4x4'e
 gery het kan ek myself nie
 glo dat dit ek was, wat
 dit oorleef het nie! Hoop
 wille maak ander hartjies ook
 so bly! DANKIE!!!

Liefde Suzette Jansen

Food on the Run....



Dankie Wilmarie vir die lekker maklike slaai resep!

Die aand toe sy dit gemaak het, het sy net blomkool gehad en dit was net so lekker!

Broccoli and Cauliflower Salad

200 g frozen or fresh broccoli

200 g frozen or fresh cauliflower

100 g rindless streaky bacon, chopped

125 ml (½ c) plain yoghurt

80ml (⅓ c) mayonnaise

60 g feta cheese, cubed or crumbled

Boil the broccoli and cauliflower in very little water until soft, but not mushy.

Using a slotted spoon, transfer to a salad bowl and allow to cool.

Meanwhile, fry the bacon until crisp, scatter over the broccoli and cauliflower and leave to cool.

Combine the yoghurt and mayonnaise and pour over the cooled salad, tossing lightly.

Top with the feta cheese and serve cold.

We would like to encourage everyone to forward his/her own trusted recipes & ideas. By sharing this, we all get new ideas and this makes LIFE ON THE RUN interesting!

Forward any recipes to me at: drocher@absamail.co.za

Daleen Rochér

CLUB SHOP

We have a range of clothing items available to our members. More information will be published in our next Newsletter.

Contact person :

Pierre Rocher (082 073 9127)

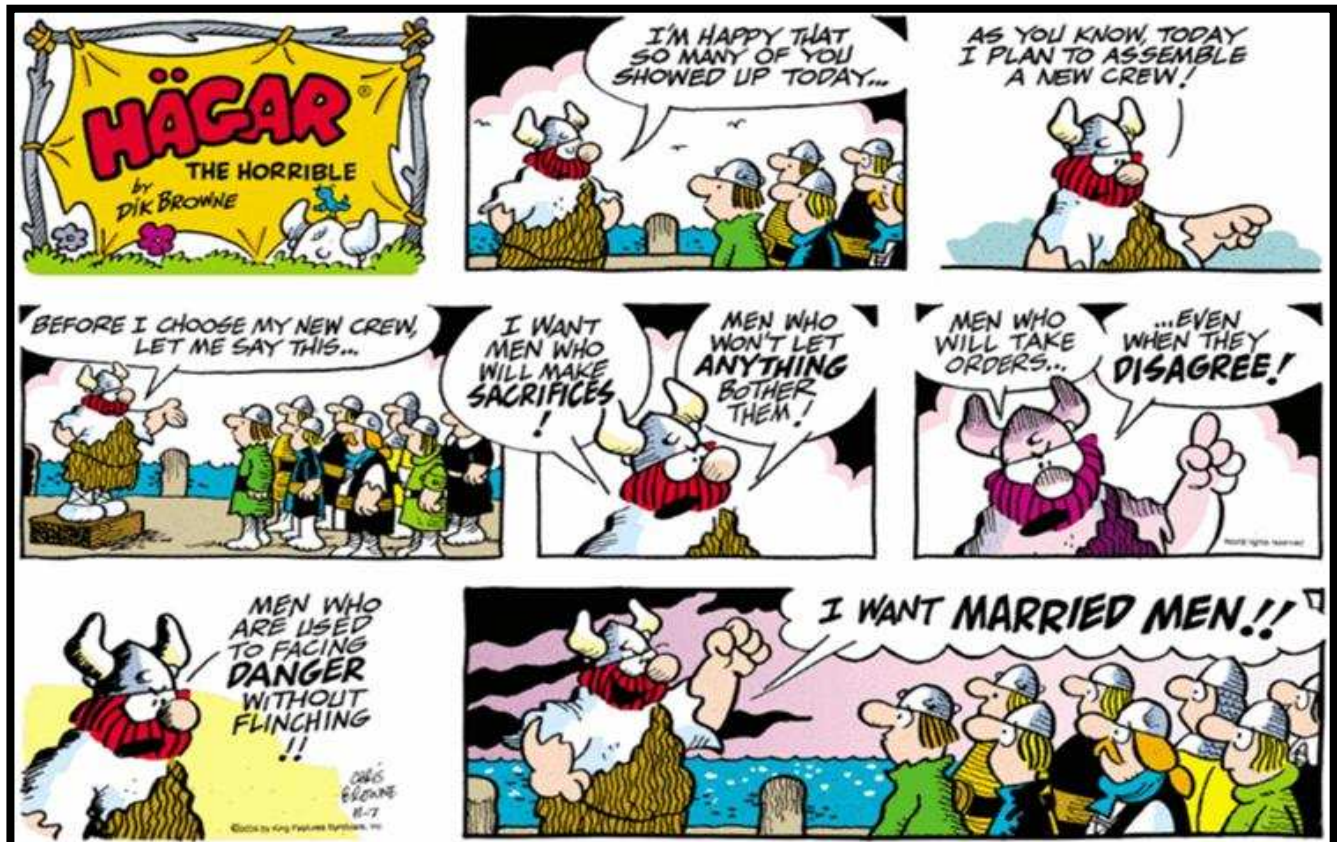
pierre.rocher@bexpress.co.za

CLASSIFIEDS

(For Sale / Wanted)

FOR SALE -

- Full set (front and rear) coils and shocks for 2008 Toyota Fortuner 4x4 – owner upgraded suspension to OME after 1,300km – brand new. Make me an offer I cannot resist! (Phone: 0828047248)
- 4 x 235/70 R16 tyres – 2nd hand, but plenty of tread left – a give-away @ R100/tyre (o.n.c.o) (Phone: 0828047248)
- 2 x Front and rear bumpers (galvanized) – custom made to fit all Range Rover Classics. Brackets will be easy to change to fit most other vehicles – R2,000 (o.n.c.o.) (Phone: 0828047248)
- Galvanized roof carrier – made to fit 6ft Venter Trailer. Never used! (Phone: 0828047248)



IMPORTANT INFORMATION

A **29MHz radio** in your vehicle is an important accessory as it enables the leader and you to communicate with other members on an outing, and is important for guiding you through obstacles as well. We recommend that you equip your vehicle with a 29MHz radio if you do not already have one.

Recovery gear – it is **vital** for all members to have their own recovery gear as it is unfair to expect other members to use their gear to recover your vehicle.

Code of Conduct

- Be considerate and helpful to all
- Keep your vehicle mechanically sound
- Adhere to laws and regulations
- Obtain permission before entering private or state land
- Leave all gates as found
- Keep to roads and tracks
- Drive responsibly at all times
- Prevent soil erosion
- Respect wildlife, plants and trees
- Prevent fires at all times
- Safeguard water supplies
- Leave no litter
- Respect the right of others to peace and solitude

Run Protocol

- Every driver to ensure they can see the following vehicle & always wait at turn-offs for the following vehicle.
- If and when you lose sight of the vehicle behind you - stop and wait for them to catch up again.
- Every following vehicle to endeavour to keep the leading vehicle in sight.
- Take note of who is leading and trailing you. If they disappear, inform run co-ordinators ASAP.
- Remain in the order in which you set out.
- Stops will be planned for the route, these to be adhered to.
- At obstacles, leave the vehicle in front of you sufficient room, enough to reverse if he needs to. When stopping on steep hills, bear the following vehicles in mind, which might have to pull away against that incline.

Membership Register

Please check your details below and let us know of any changes. Should we not hear from you, we accept that your details are correct. This information is very important to us as it is our main source of reference for effective communication in the Club.

Last Name	First Name	Date of Birth	Mobile Phone	Email Address	Spouse / Partner Name
Augustyn	Johan		0836503476	cindy_lee@worldonline.co.za	
Bergmann	Bennie		0824445656	bergmann@yebo.co.za	
Bester	Hans		0825552754	hans@besters.biz	
Bezuidenhout	Michael		0823728498	truckmall@telkomsa.net	
Booyesen	Attie		0834511165	attie@ambiton.co.za	
Botes	Bennett		0839969141	bennett@arnchell.com	
Botes	Vaughn		0832273473	vaughnbotes@msn.com	
Botha	Marius		0825544714	mczr@absamail.co.za	
Bouwer	Barry		0826574612	bbouwer@boucol.co.za	
Burchardt	Thomas		0825571862	thomasb@synapsissoftware.com	
Classen	Johan		0836289350	johanc@cerafix.co.za	
Corlett	John		0844221565	jcorlett@mweb.co.za	
Cornelius	Elbie		0834590553	elbie.cornelius@algoaoil.co.za	
Crony	Winston		0828684240		
De Kock	Mike		0825529195	anchoragecooling@vodamail.co.za	Lee-Ann
de Vos	Andre		0832751792	andre@pactumbrokers.co.za	
de Nyschen	Edwan		0828000261	edwan@bridgestone.co.za	
Deyzel	Loftie		0828085967	loftie@mweb.co.za	
Deyzel	Robbie		0825575761	robbiedeyzel@mweb.co.za	
Dreyer	Jasper		0835876740	dreyerj@tfmc.co.za	
Dreyer	Suzy		0833206007		
du Toit	Barry		0826501629	barrydut@telkomsa.net	
du Toit	Tertius		0836266332	donnad@transnet.co.za	
Fourie	Johan		0827703899	proaktivhi@g.mail.com	
Friend	George		0827829816	gfriend@pe.moorestephens.co.za	
Futter	Graham		0833072125	pe@lasport.co.za	
Garside	Bradley				

Gouws	Ryno		0828009282	ryno.gouws@absamail.co.za	
Grobler	Hannes		0844503679	jigrobler@telkomsa.net	
Harth	Trevor		0826599898	tharth@oldmutual.com	Pam
Heydenreich	Carlo	1/16/1974	0828047248	casper@ictsupport.co.za	Elga
Higgs	Aubrey		0828001476	aubrey.higgs@gabrobins.co.za	
Hijmans	Nicolette		0823233303	nicolettehijmans@yahoo.com	
Joubert	Rosemary		0832186488		
Kleyn	Gys		0832615474	gysbert@nmmu.ac.za	Trisha
Lamprecht	Beyers		0824923704	belamprecht@um.co.za	
Leo	Wesley		0826191750	ibe@agnet.co.za	
Maarschal	Henri		0825004901	genesis@nmmu.ac.za	
Mackenzie	Dion		0834540629	dion.mackenzie@aecicoatings.co.za	
Malan	Willie		0828045770	willie@ezeetile.co.za	
Mc Clea	Braddon		0824616054	computech@global.co.za	
Naude	William		0829301396	naudewp@telkomsa.net	
Pietchma	Thomas		0823712711	glenda.pietschmann@wtbsa.co.za	
Postma	Adrienne		0827877598	a@postmapostma.co.za	
Potgieter	Nat		0836563771		
Reyneke	Braam		0823219120	ronel@duncangroup.co.za	
Rocher	Pierre		0820739127	pierre.rocher@bexpress.co.za	Daleen
Sampson	Geoffrey		0825299543	samweld@polka.co.za	
Saunders	Ross		0827701653	ross.saunders@telkomsa.net	
Saunders	Trever		0836615094	baydental@progen.co.za	
Schoombie	Sarel		0845829494	sarelsch@nmmu.ac.za	
Shaw	William		0832704396	wtshaw@mtnloaded.co.za	
Shaw	Salome		0836816076	jasmyn33@gmail.com	
Smith	Freek		0832274125	baydental@progen.co.za	
Smith	Ivan		0834592242	ifs@adfsa.com	
Stapelberg	Frans		0827736205	miltrans.pe@mweb.co.za	
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